

MONTREAL COUNCIL OF WOMEN – LE CONSEIL DES FEMMES DE MONTRÉAL

PRESIDENT'S MESSAGE



KEEP * DROP * CREATE:

HONOURING OUR PAST, CELEBRATING THE PRESENT & DESIGNING THE FUTURE AT MCW

The skies were clear, the day was pleasant - any one of us might easily have opted to stroll through the streets or laze by a lake...but as it happens over 40 members of the Council chose to make their way to a workshop meeting to participate in a day of celebration, discussion and planning for the MCW's year and years ahead.

Members with connections to the Council going back decades were joined by those newly minted. Past WOTY (Woman of the Year) recipients, Past Presidents, representatives from the NCWC and Individual and Federate members alike filled the room with diversity and talent as well as a unifying focus. We were and are women on a mission to follow through with the vision and determination that gave birth to this movement over 126 years ago.

Curated and facilitated by the dedicated team of Maya Volpato (VP Public Relations), Brandy Jugandi (Convener Status of Women and Constitution), member Alina Gutierrez and Francine MacInnis, the day began with storytelling - everyone sharing the path that had led them to join and participate in MCW. We then moved on to gruffier business of defining things to drop, keep and create before deep diving into advocacy and actions.

Here are just a few points that received the most support:

- KEEP:** Advocacy; resolutions; lunch and learn programming; WOTY; the Bulletin (with some upgrades and changes).
- DROP:** Non-inclusive meeting times (conversely finding ways to meet that are more inclusive!)
- CREATE:** Workshops, recruitment strategy, fundraising (e.g. send representatives to CSW/UN and update our website etc..) orientation videos, greater social media presence, virtual meetings, rebranding and bilingual website.

The afternoon's focus concentrated on actionable outcomes within the framework of each of our convener categories. One clear message is that if this work is to be engaged effectively there will be a great need for our general membership to join committees and follow their passions be it in the area of Education or the Environment or other justice issues. Stay tuned and sign up! A copy of the full report is available upon request at MCWinformation@gmail.com

Our Upcoming Meeting on September 5th:

Lunch will be served at noon followed by a talk on administrative matters at 12:45 p.m. The workshop on advocacy prepared and presented by Maria Peluso VP Government Affairs will then begin at 1 pm and end at 2 p.m. Further details are on page 2 of this bulletin. Please feel free to arrive any time after 11:30 a.m. to allow for time to greet each other after a summer away.

A digital meeting agenda will be distributed in advance of September 5th. Please feel free to participate as you are able-noting that many members are working and cannot commit to a 2-hour program.

I am joined by all members of the Board in hoping you had a wonderful summer and that you are keen to participate in an active year ahead. Spoiler alert! On October 3rd, we will be hosting an All-Party/All-Female Panel of candidates in the upcoming election....see page 2 of this Bulletin for more information).

Penny Rankin - President

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Community adverts

Bulletin Editor

Linda Monteiro

Please send your bulletin contributions before the 10th of the month to mcwbulletineditor@gmail.com

Thank you.

Enjoy your bulletin!

REGISTRATION IS STRONGLY ENCOURAGED AND PREFERRED AND VERY MUCH APPRECIATED!

We request that all attendees register for all lunches and programs (lectures, workshops, other) so that we can plan for food, handouts, seating arrangements. You can confirm your attendance by contacting us by email at mcwinformation@gmail.com, via Facebook or the event registration link when provided. **Thank you for your understanding.**

ADVOCACY AND LOBBYING SEMINAR

Presented by Maria Peluso, VP Government Affairs
 September 5, 2019, 2700 Rufus Rockhead
 Lunch \$10 - 12:00 – 2:00 p.m.
 Register at mcwinformation@gmail.com

How can your skills lead to action and results?
 The Advocacy and Lobbying seminar offers a hands-on opportunity to examine several strategies that will empower you personally and the MCW collectively to affect change that advance policies that have a direct impact on major issues faced by women and families. Several successful lobbying initiatives will be explored. Whether as an individual or as part of the MCW's policy initiatives, you are an agent of change. Progress and growth are possible. Advocacy provides the means to make things happen.

ALL CANDIDATES PANEL – 2019 FEDERAL ELECTION

October 3, 2019, 2700 Rufus Rockhead
 Lunch (\$10) 12:00 - 1:00 p.m. & Panel 1:00 - 2:00 p.m.
 Registration required [CLICK HERE](#)

Women candidates are off and running to get themselves elected in the October 21st federal election. It is exciting when we can get more women elected to the Canadian Parliament. The MCW is offering an opportunity for you to meet the candidates and listen to where they stand on policies you care about and become informed. The panel of all women candidates will address questions sent in by MCW members. It is not a debate. You are encouraged to send questions in advance that you would like to ask either one specific candidate or all candidates.

Please use the event link above to register and submit your question to the panel. All questions will be anonymous. Please note we cannot guarantee all questions will be picked due to time restrictions.

Moderator

Christina Paylan, (JMSB) President, John Molson Women in Business

Candidates

Zahia El Masri, NDP Candidate, Ahuntsic-Cartierville

Mariam Ishak, Conservative Party Candidate, Pierrefonds-Dollard

Alexandra Mendes, Liberal Party Candidate, Brossard-St.Lambert

Alessandra Szilagyi, Green Party Candidate, Saint-Léonard-Saint-Michel

ST JUNIE OF RAGING JOY June Mitchell (1956-2019) WOTY 2015



In early July of this year, our community lost one of its stellar activists. Affectionately known as Junie, this remarkable woman was born and raised in Montreal. A survivor of domestic violence, Junie cofounded Women Aware in 1995. The organization offers long-term support for victims of domestic violence, including counselling, housing and clothing. In December 2015, in recognition of her dedication and activism in working towards ending domestic violence, MCW was exceptionally proud to present June with our annual award: "Woman of the Year".

A service of celebration of her life took place on Saturday, July 27, at Union United Church. Many members of the Council attended what was a packed gathering of friends and family, as well as many of those whose gratitude for the care Junie had given them was also shared. One tribute hailed June as "St Junie of Raging Joy"- a fitting epitaph.

She is survived by her son Tyson McClellan. In his eulogy he spoke no truer words than these: "She always did the best she could to be the best she could." For further information about Women Aware <https://www.womenaware.ca>

IN MEMORIAM - TERESA DELLAR (1961-2019) WOTY 2005



On August 19, 2019, Teresa Dellar, a tireless advocate for ensuring dignity and comfort to the terminally ill, passed at the age of 58. She was named the MCW Woman of the Year in 2005 for her work in improving the human condition.

The co-founder and executive director of the West Island Palliative Care Residence in Kirkland made it acceptable to talk about dying. Prior to opening the residence in 2002, she was a bereavement facilitator with a specialty in oncology social work. With its now 23 beds, the Residence has hosted more than 4,100 patients and their 17,000 loved ones in the last moments of their lives and is considered the biggest community palliative care centre in Canada.

Over the years, Teresa Dellar received a number of awards including *Cité Nouvelles Personality of the year* in 1999, *The Chronicle's West Islander of the Year* award in 2002 and 2012, the *Queen Elizabeth Diamond Jubilee Medal* in 2012, the *Governor General's Meritorious Service Cross* in 2016, and the *Canada 150 Community Service Award*.

She will be remembered for her generous spirit and for her commitment to palliative care.

HONOUR ROLL AND ROLE MODEL MAIR VERTHUY INDUCTED INTO THE ORDRE NATIONAL DU QUEBEC JUNE 2019

It is with great delight and pride that we share the news that one of our own, Mair Verthuy, Past President of the Montreal Council of Women (2002-2004) and distinguished professor emerita from Concordia University, has received the province's highest civilian award that follows a string of local, national and international honours including France's Ordre des Palmes Académiques in 2001.



Mair Verthuy surrounded by friends and family on June 20, 2019.

Named Chevalière in a ceremony held in Quebec City on June 20th, Mair's accomplishments have and continue to reflect her commitment to women's rights and her passion for education-notably that of French-language literature and women's studies. Co-founder of Concordia's Simone de Beauvoir Institute and its first principal, an internationally respected feminist scholar, she has devoted her career to improving the state of women, particularly women writers-both introducing and expanding the syllabus to include Quebec female writers.

André Roy, dean of the Faculty of Arts and Science at Concordia provided the following comments in an article published by the university: "This is a fitting honour for a committed and passionate leader in women's studies" and "she paved the way for women writers." Bravo Mair!

THE NAMUWONGO LITERACY PROJECT



Namuwongo, in Kampala Uganda, is home to thousands of children who, due to economic, social and political reasons have little or no access to education. In response to this, a dedicated group of Montrealers formed the Namuwongo Literacy Project (NLP) in 2006. Namuwongo, home to many thousands, is a shantytown that sprang up during the years of bloody conflict in northern Uganda, between the rebel Lord's Resistance Army (LRA) and government forces. More than a million people were displaced during that time. Mostly farmers and herders, they lost the skills to rebuild their lives elsewhere.

At our most recent AGM held in May of this year, we were honoured to have two of its founders join us. Howard Shapiro and Judy Labow gave a compelling and informative account of the work of their organization. NLP strives to break the cycle of poverty in this very challenged community, by providing children with basic educational skills- both literacy and numeracy as well as medical support, two meals a day and clothing and shoes. Their impact has been extremely positive.

With this basic education these children are being equipped to seek a life outside the slum. Girls are especially vulnerable, for without education they often end up prematurely pregnant or in the sex trade.

The Project is looking for volunteers to get involved- be it on their board- or as part of the annual visits they make each year to Uganda. For more information, visit <https://www.facebook.com/TheNamuwongoProject> or contact Judy Labow: judylabow@gmail.com.



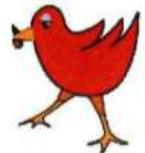
Centre universitaire de santé McGill
McGill University Health Centre

The Auxiliary of the Montreal General Hospital Early Bird Boutiques 2019

Presents: Artists, Artisans, Collectables, Café

Montreal General Hospital, 1650 Cedar av., Livingston Hall

October 31: 9:30 a.m. - 4 p.m. and November 1, 2019: 9:30 a.m. - 2 p.m.



To all volunteers: time for making jams, relish, preserves, baking and knitting to donate. Jewelry and elegant collectible are graciously accepted. You may bring your donations on Oct. 30 & 31 to Livingston Hall. Please leave donations prior to the event in the Auxiliary office L6.219 or Volunteer Office. L6.227 Information: 514-934-1934 ext. 43009 or mgh.auxiliary@muhc.mcgill.ca. All proceeds will benefit patient care.



The Women's Art Society of Montreal
presents:

SEPTEMBER 3, 2019: Fine Arts Painter, Susan Pepler speaks about her work and life.

SEPTEMBER 24, 2019: Renowned painter, professor and curator, Peter Krausz discusses his work and provides a demonstration of egg tempera.

Lectures take place from 1:30 to 2:30 p.m. at the Unitarian Church of Montreal, 5035 de Maisonneuve West. Nonmembers \$10. New members welcome - men also.

www.womensartsociety.com

MLUWC Kick-Off
Wed Sept 11- 6:30pm

Beaconsfield Golf Club
49 Golf Ave, Pointe-Claire
\$25 (light appetizers)
Cash Bar

RSVP by September 6
Online: www.mluwc.com/events



First Lecture of the Season
The Evolution of Medical Cannabis in Canada

Tuesday, September 17, 2019 at 12:30 p.m.
Speaker: Nancy Neil

Victoria Hall: 4626 Sherbrooke St W., (bus #24)
Sandwiches and tea and coffee available for \$8

All visitors (including men!) are welcome.
<https://www.facebook.com/events/667813540354645/>

UN Women and UN Focus
What's happening in the World
September

The following are international days for the month of September that have been addressed in policy established by the MCWC. Our ability to advocate is always and must be based on established policy.

5 September: [International Day of Charity \(A/RES/67/105\)](#)

8 September: [International Literacy Day \(UNESCO 14 C/Resolution 1.441\)](#)

10 September [World Suicide Prevention Day \[WHO\]](#)

16 September [International Day for the Preservation of the Ozone Layer \(A/RES/49/114\)](#)

21 September [International Day of Peace \(A/RES/36/67\) \(A/RES/55/282\)](#)

26 September [International Day for the Total Elimination of Nuclear Weapons \(A/RES/68/32\)](#)

SAVE THE DATE
40TH ANNIVERSARY FUNDRAISER
ESPOIR NOUVEAU Centre pour personnes âgées
NEW HOPE Senior Citizens' Centre

SEPT 12TH 2019
 6 TO 8 P.M.
 6225 GODFREY AVE. MONTRÉAL, QC H4B 1K3

Cocktails • Live Music • Guest Speaker

LOOKING FORWARD TO THE NEXT 40 YEARS

NEW HOPE
 40 YEARS OF PROVIDING OUTREACH
 to break senior isolation in and around NDG

FOR TICKETS OR FOR MORE INFORMATION CONTACT:
 GERRY LAFFERTY
 GLAFFERTY@VIDEOTRON.CA
 514.484.0425

Support
 Meal services
 Participation
 Volunteerism

All donations are tax deductible

The DKG QUEBEC Speakers Series

PROFESSIONAL INTERNATIONAL HONOR SOCIETY OF KEY WOMEN EDUCATORS. LEADING WOMEN EDUCATORS IMPACTING EDUCATION WORLDWIDE

2019-2020 PROGRAMME

OCTOBER 7	THE FUTURE OF ENGLISH PUBLIC EDUCATION IN QUEBEC Russel Copeman - Executive Director of the Quebec English School Board Association, McGill University Max Bell School of Public Policy, former Mayor of Côte-des-Neiges
NOVEMBER 18	THE ART OF CITI-ZEN-SHIP - Transforming your relationship with children and yourself in the process Peter Chan - Keynote speaker, Author and change Agent
DECEMBER 12	CLIMATE CHANGE - IS IT EVEN REAL? Marissa Slaven - Palliative Care Doctor, Author of Code Blue, Forthcoming Author of Code Red
FEBRUARY 18	THE ASPECTS OF HOLISTIC WELLNESS Sharon Davidson - Founder & Owner of Be-well - Holistic Health & Wellness Holistic Wellness Consultant & Educator, Coach
MARCH 23	PUTTING THE ART INTO STEAM Bettina Forget - Director and owner of Visual Voice Galerie Art et Science
APRIL 23	TRAUMA AND RESILIENCE IN SCHOOLS; A SOLUTION FOCUSED APPROACH Shaun Sullivan - M.Ed Pedagogical Consultant- FSSTT, LBPSB
MAY 26	CONSCIOUS CONNECTION - Helping others rise Shannon Walsh - Wellness Advisor McGill University, Consultant, Coach, Founder of What Connects Us and Forthcoming Author of The How of Happy

REGISTRATION
dkgque@gmail.com



DKG
INTERNATIONAL SOCIETY
 OF KEY WOMEN EDUCATORS
 WWW.DKG.ORG

7:00 p.m. **NON-MEMBERS - 20\$**
 Students 10\$

5:00 p.m. **MEMBERS - 15\$ -**
 Meeting & Supper included

EMSB- 6000 Fielding Avenue,
 Montreal (QC) H3X 1T4

PROFESSIONAL INTERNATIONAL HONOR SOCIETY OF KEY WOMEN EDUCATORS. LEADING WOMEN EDUCATORS IMPACTING EDUCATION WORLDWIDE