



**Montreal Council of Women**

**THURSDAY, FEBRUARY 2, 2017 at 12 noon**

At Les Jardins du Canal

2700 Rufus Rockhead, Montreal  
(across from the Atwater market)

Speaker: Dr. Maria di Tomasso



### Women's Mental Health across the Life Cycle

Dr. di Tomasso will be speaking on women's mental health across the life cycle, including a brief historical overview roles. In addition, she will show how mental health needs differ across the lifespan from child rearing to the menopausal years and later life. And, lastly she will comment on prevention strategies to enhance mental health and wellbeing with age.

Do join us for this very informative presentation.  
New members and guests are welcome.

Lunch will be served at 12 noon. Price: \$10:00 per person, payable at the door. Please advise Shirley Gyles if you plan to attend at: [450-672-7081](tel:450-672-7081) or e-mail: [sagyles@sympatico.c](mailto:sagyles@sympatico.c)

<http://montrealcouncilwomen.org>